



2023-2025 Mental Health Meeting Minutes

DATE: 06/27/2023

TIME: 1:00pm

Location: Hult Center for Healthy Living

Members Present:

Co-Chair Jonathan Gauerke	Co-Chair Dawn Lochbaum
Clerical Support Amy Roberts	PFHC Board Rep. Holly Bill
Mariela Munguia	Becky Lacher
Wesley Podbielski	Kelli Kennedy (Hult Intern)
Anthony Montalvo (Hult Intern)	Angella Lewis
Keith Downes	Deric Kimler
Tim Bromley	Ashley Fischer

Introductions

-Introductions were completed.

Review of Last Month's Minutes for Questions

-Jonathan noted that Joanie Montoya said the next YMHFA is 7/12 in Eureka and there is a MHFA cadre meeting on 7/17 and they will be focusing on the fall schedule.

-Holly stated that Carle launched the training, but DEI is not listed.

Dashboard Walk Through for Discussion for 2023-2025 Mental Health Interventions

Who else needs to be part of the team?

-Solvera (Mariela to send Amy R a contact)

-Children's Home (Dawn will reach out)

-SASS Program

-Jacob Morgan (one of the Directors – Mariela to send email)

-Phoenix (Jonathan will touch base, they were previously on vacation)

-Amy R has reached out to Jolt

-Peoria Police Department

-Social Workers, they have a grant

-Pekin is trying to do the same thing

Culturally Adaptive Healthcare

-Carle: looking into training available, to see if it's available community-wide

-Are there fees? Can it be grant funded? Or is it free?

-Most licensed individuals have to do an implicit biased training

-Ongoing state goals to increase cultural diversity training (free)

-Can we get this data?

-This training is required every 2 years

-Only have to prove you completed if you're audited

-There are multiple resources for where to complete this training for free

- There is no test, it's mostly just "checking the boxes" to say you completed the training
- Push for in person trainings, more impactful
- Need a systematic change and/or an organizational audit
- Getting to people that need to be seen is a challenge (mostly due to bias issues)
- Places don't have enough providers, most places are 6 months out for an appointment for therapy/Psych.
- Need further education/tool kits for PCPs, they need to be able to handle basic mental health issues (ADHD, SSRI, etc.)
 - It would save them x amount of dollars to PCP to provide these services
- See how many individuals are on the wait list for therapy/psych, then train a certain number of PCPs and see if it would impact the wait list
- Liability insurance can cause issues
- Track who is referring and for what reason
- How can we make PCPs more comfortable in providing those resources?
- Dr. Serrano at Resource Link is available to do trainings
 - Don't see a lot of ADHD referrals, typically things more major are what are being referred
- Referrals therapy/psych have gone down, due to the wait to get in
- Create a tool kit for PCPs for peds and adults, could do a 1 hour Zoom training
 - This is just the first part, but will have to follow up that PCPs are actually providing these services after being trained/getting a tool kit
 - Could offer a certificate that they are trained
- It's important to still send referrals, not just push meds at everything
- There is not a great resource list of therapists around here (Mariela has already been working on this)
- 211 does not want to become a comprehensive list and get too much into the weeds, because it is not manageable
- There is also the website, findhelp.org
- Need an online type of data base (similar to vitals.com)
 - Need to be able to filter by insurance
 - To be able to get on the resource list, have to meet so many criteria
 - Providers will want to be on the list and if they don't meet the criteria, we can be able to give them the tools to meet the criteria
 - Make sure it has healthcare literacy covered on the site
 - People want doctors that look like them, include photos on the site
 - Include non-traditional therapists
 - Include a designation if they are LGBTQ+
- A service to vet providers would be helpful, someone to do the work for the individuals needing assistance
 - People want one reliable phone number to call and have someone navigate for them, or an online service doing the same thing
- Policies, workforce development, referrals, etc.

Sub-Committee Development and Teams

-Due to the time, this section was not reviewed

Next Meeting Date

-TBD

-A survey was sent out after the meeting to the mental health distribution list to see what times work best for a regularly scheduled meeting

-It was brought up to make this meeting hybrid and different locations that can support that were discussed

-Amy R will be reaching out about different locations

Member Announcements

-An organization (not sure who) is doing a WIFI survey for the tri-county area

-We could see if they can come to a meeting to review their findings/data

-Whitney's Walk for Life is the last Saturday in July, and it is also Backpack Peoria at the Dream Center