



## 2023-2025 Mental Health Meeting Minutes

**DATE:** 08/15/2023

**TIME:** 1:30pm

**Location:** Teams

**Members Present:**

Co-Chair Jonathan Gauerke  
Clerical Support Amy Roberts  
Beth Crider  
Tracy Terlinde  
Jovon Matthews  
Amber Clark  
Sally Gambacorta  
Shanita Wallace  
Denise Backes  
Keith Downes  
Wes Podbielski  
Tim Bromley

Co-Chair Dawn Lochbaum  
PFHC Board Rep. Holly Bill  
Joanie Montoya  
Ashley Fischer  
Becky Turner  
Hannah Jordan  
Jolene Whisler  
Hillary Aggertt  
Michele Carmichael  
Gregg Stoner  
Theresa Miller

### **Access Center Presentation – Tony Mills, Supervisor Call Center – Trillium Place/Carle Health**

-Tony Mills was not able to present at meeting due to illness, will reschedule presentation

### **Updates**

#### **MHFA Survey**

- Jonathan reviewed the results from the MHFA survey.
- 61 individuals participated throughout the PFHC distribution list.
- The results will be sent out with the minutes.
- MHFA is a 3-year certification, but refresher courses are available for resources in the community.
- Across the state trainings are offered through the IL State Board of Education. At the national website you can find trainers and where the trainings are.
- The tri-county cadre was developed because of the PFHC.
- Michele noted there is a lot of misinformation about these trainings. Michele and Joanie will work together to push out an FAQ.
- Sally noted that McLean county has had a collaborative/cadre since 2014.
- Michele added that this training is not just job-based, it's life based.
- There was discussion about the length of training and options on virtual or in-person.

### **Training Opportunities**

- Jonathan noted there is a YMHFA on November 14<sup>th</sup>
- A rural class is coming up in the near future
- Joanie will share more information as it becomes available.

### Invite to the Table

- Jonathan is still waiting to hear back from Phoenix, has previously reached out.
- Dawn has a meeting with Jacob from CHAIL on Thursday, 8/17. She feels he would be a great addition to the team.

### Upcoming Guest Speakers

- Chris Schaffner from Jolt Harm Reduction will be presenting in October.
- STRIVE on Cultural Diversity, possibly in November, but could be too busy then. Dawn will double check with STRIVE Supervisor.
- Tony Mills with Trillium Place will be rescheduled.

### Other Updates

- Have not received WIFI survey result final numbers.

### PCP Toolkit Discussion

- Dr. Ashley Fischer thinks an actual kit won't be too hard to put together and knows someone that has a video presentation on how to use the toolkit.
- Will need to identify providers that need to the toolkit, that won't seek it out. (Possibly the referral system).
- Dr. Fischer is working on all of this but is only one person – is working on youth. Need adult toolkit as well.
- Need to clarify the purpose: increasing access instead of clogging up the referrals or educating providers.
- There are not enough providers that can't provide that higher level of care, so a toolkit needs to be created to educate PCPs so that they don't have to continuously refer clients.
- Need to try to train people: PCPs, peds, cafeteria workers, everyone should be trauma informed, etc. Need to identify trainings for community.
- How to start changing the way people look at healthcare system (crawl, walk, run)
- Holly added this need to be more than a once-a-month conversation to move the mountains. Need leaders on the team that can take it back to their Boards, leaders, etc.
- Dawn noted they need to continue the conversations on what is too much and what is needed.
- Michele noted that the previous cycle had goals that broke down into work groups that met in between and worked on specific topics.
- Dr. Fischer discussed about starting with a literature search to see what has already been done and what is most applicable to the tri-county area. Data search just needs to be assigned to someone or a committee.
- Multiple people said that more structure is needed.

### Next Meeting Date

- September 19, 2023 at 1:30 at OSF Route 91, will plan to continue to do a hybrid meeting

### Member Announcements

- Jonathan asked Holly for a Whitney's Walk update: Holly did not have official results, but said there was great feedback and great support.