



## 2023-2025 Mental Health Meeting Minutes

**DATE:** 09/19/2023

**TIME:** 1:30pm

**Location:** OSF Rt 91

**Members Present:**

Co-Chair Jonathan Gauerke  
Clerical Support Amy Roberts  
Becky Turner  
Mary-Jennifer Meister  
Mariela Munguia

Co-Chair Dawn Lochbaum  
PFHC Board Rep. Holly Bill  
Gregg Stoner  
James Bryson  
Jacob Morgan

### Updates

- Jonathan talked to Phoenix and they are deciding about joining the meeting, have also been invited to the Substance Use group.
- Jolt will be presenting at the October meeting.
- Sam Schubach from STRIVE will be presenting in November.
- Tony Mills from Trillium Place will be presenting in December.
- STRIVE has been funded for another 3-year cycle.
- Still waiting on 2 4-year CCBHC grants for Trillium Place.

### September Discussion

- Low attendance today
- Will look into breakout options virtually but also hybrid.
- The goal is to have monthly meetings with the sub-committees outside of the big group.

### Telehealth/Telepsych Discussion

- The visual that Holly created was reviewed.
- A list was provided from Trillium Place, but there are definitely ones missing from this list (Heartland, STRIVE, lots of private sectors).
- Becky Turner will also share a list that she has.
- This list is a lot to weed through for the general public though, that would not be the target audience. But this would be a good list for agencies to have.
- Need to be able to break it down into who accepts what insurances (like Medicaid and Medicare, etc.).
- This group cannot keep this list accurate and going, that could be kept up by whoever inputs information into IRIS (referral system.)
- There is a difference between "telehealth" and "telepsych".
- Children's home is looking into hiring a Psych during screenings.
- Need to consider internet/locations in community.
- Trillium Place is now on IRIS, but they are only able to receive referrals, not send them.
- Mariela can work on demographics specifically for IRIS.

- Talking to Care Coordinators instead of Physicians because they won't use this.
- Chris Heider is on IRIS constantly, has great connections with all of the Care Coordinators.
- Will have to do a referral for each family, not a check box situation.
- IRIS meets quarterly (next one is on 10/26) and they can tailor the system for our community and provide feedback.
- If a family is rejected, you'll get a message as to why (insurance, couldn't reach family, etc.).
- They do not see a lot of rejections due to insurance alone. Usually it's due to transportation, or saying they are already enrolled, but it's an older family member that is already enrolled.
- Anyone can join IRIS, the onboarding is a web-based system, but it can be a process.
- Agencies don't have to pay for it, it's paid for under a grant that Mariela works under.
- Currently IRIS is just for ages 0-21, however, 21+ could be included with a contract.
- Mariela can provide a training in about a 30-minute video.
- Carle holds the grant money, however, it's not a Carle program.
- IL Children's Healthcare Foundation funds this grant and it goes through 2024. They are hoping for sustainability after that.
- Holly recalled Tim Bromley saying something about funding for telehealth might be cut (political discussions), there was no update on this.
- The Prevention group still meets and might be useful/needed with this group.
- Holly reminded the group to look for the low hanging fruit, what can we do now? Remember the 2 objectives.
- Holly will follow up with Dr. Fisher about the toolkits.
  
- The team had a breakout session:
  - Telepsych
  - Culturally Adapted Healthcare

### **Next Meeting Date**

- October 17, 2023 at 1:30 – will determine if it will be all virtual or hybrid.

### **Member Announcements**

- Hunger Action Month is going on now and the walk is on 9/30 at OSF Rout 91
- There is a MHFA class for CI Friends on 10/14.
- There is an adult MHFA training on 10/17 & 10/24 from 12-4pm. You must attend both to get the whole training.