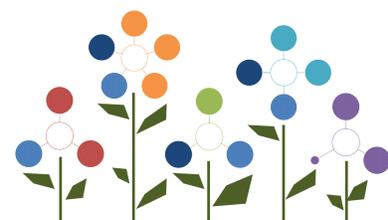




# PARTNERSHIP FOR A HEALTHY COMMUNITY

2018 ANNUAL REPORT

[WWW.HEALTHYHOI.ORG](http://WWW.HEALTHYHOI.ORG)



Partnership for a  
Healthy Community

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# Partnership for a Healthy Community

On behalf of the Partnership for a Healthy Community Board, we are pleased to present the 2018 Annual Report.

In an effort to improve health in the tri-county region, the Partnership for a Healthy Community (PFHC) was created in 2017. PFHC is a community-driven partnership of public and private stakeholders working to address priority health issues in Peoria, Tazewell and Woodford counties.

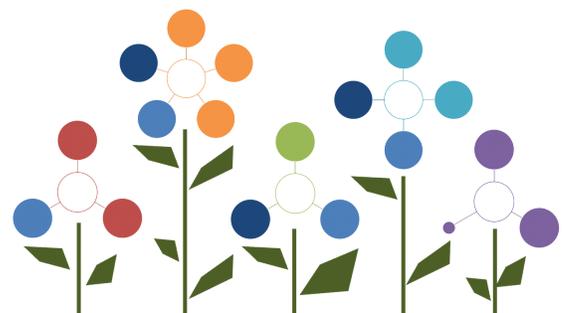
PFHC provides backbone support to plan, coordinate, and support initiatives. Priority health issues teams, including Behavioral Health, HEAL (Health Eating and Active Living), Cancer and Reproductive Health, report their work to the PFHC to promote a coordinated health improvement strategy.

Our vision is for the tri-county region to be a thriving community that is inclusive, diverse and sustainable to ensure health equity and opportunity for all. In the upcoming years, the PFHC will focus on strengthening and aligning community efforts and collaborative opportunities to drive outcomes.

The Partnership is proud of the work our committees have done and looks forward to the future.

Lisa Fuller, Co-Chair

Hillary Aggertt, Co-Chair



**Partnership for a Healthy Community**

## **Executive Summary**

In 2018, the Partnership for a Healthy Community saw increased development and structure to assist in creating a sustainable initiative. With the creation of a reporting structure, adoption of bylaws, and elections and appointments of officers, the Partnership has emerged as the recognized leaders in community health improvement.

### **Highlight: *Shared Funding***

The Partnership for a Healthy Community was able to leverage the regional approach to increase funding.

Illinois Tobacco Free Communities (ITFC) Grant; historically done by each health department was applied for as a tri-county. This resulted in an increase of \$90,000 to the area.

In addition, the Partnership received the Illinois State Physical Activity and Nutrition (ISPAN) grant to continue supporting HEAL activities.

# Behavioral Health

The Partnership for a Healthy Community Behavioral Health Committee is tasked with improving mental health and reducing substance abuse through education, prevention, and access to services.

The Behavioral Health Committee continued to focus on the three support areas in improving mental health and decreasing substance abuse; Healthcare, Criminal Justice, and Education. Much of the year was centered on how to coordinate the various efforts within the community and provide a framework for those initiatives.

In 2018 the Healthcare and Criminal Justice subcommittees examined how data coordination could assist in improving outcomes from drug overdoses and understand the impact frequent utilizers had on the system overall.

The Narcan Advisory Group began 2018 in mapping how first responders and service providers were purchasing and utilizing overdose reversal medications. The group expanded to share overdose data to help understand the growing epidemic.

The Narcan Advisory Group collected data on

**611**

overdose reversals occurring in Peoria and Tazewell Counties in 2018

## Frequent Utilizer Matrix

Community Health Needs Assessment & Improvement Plan

2017 Data Sharing Project

**6**

Agencies; Peoria County Jail, City of Peoria Fire, AMT, HSC, UnityPoint, and OSF Saint Francis

**315**

Frequent Utilizers Identified

**17**

Within Multiple Agencies

**\$3 million**

Cost for Services

By sharing the data between various government, human service, and healthcare providers, the committee was able to not only identify the cost of services but also have a better understanding of where interventions could be utilized.

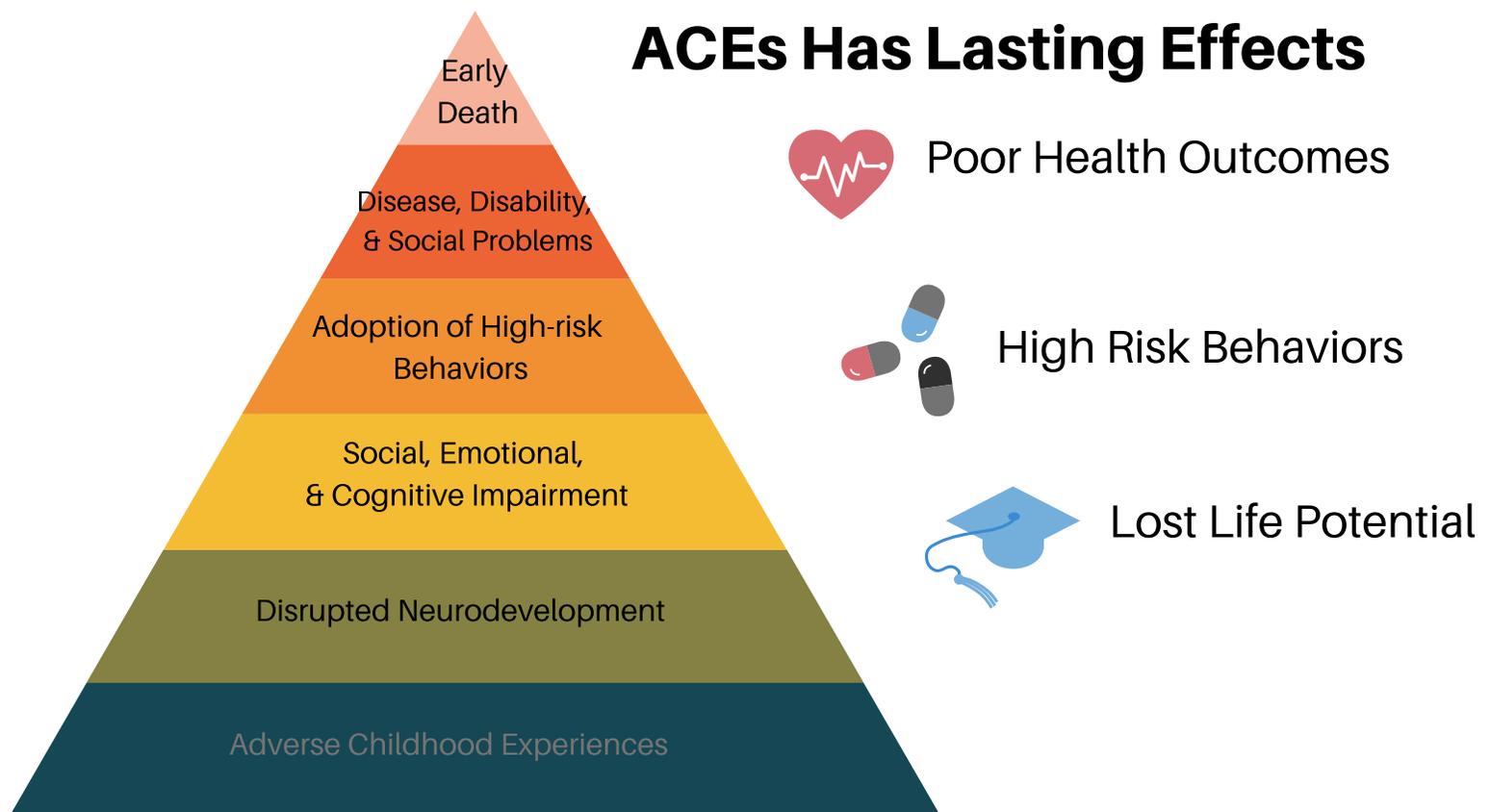


# Behavioral Health

The Education subcommittee strategically joined forces with the Hult Center for Healthy Living's subcommittee for youth mental health as both groups were working on many of the same tactics and had a shared membership. One primary focus is increasing support and resources on understanding, preventing, and addressing Adverse Childhood Experiences (ACEs). Throughout the year the committee looked at multiple ways of approaching comprehensive social emotional learning (SEL) for children, specifically in building capacity for trained educators and health educators to be able to work with teachers in our public schools.

In 2018, the national and local dialogue once more saw how ACEs impacted a community, and the toolkits and trainings created in 2017 were welcomed additions in school districts. The momentum grew with several educators, 5 entire school buildings, and our first teacher cohort participating in an ongoing professional development series.

With additional partner agencies, the education subcommittee worked on coordinating the numerous resources within the communities to create a library of resources, protocols for teacher observations and professional development, and the roll out of an online learning course. The goals for 2019 are to have this database and toolkit available for parents and other community partners, the observation tool to be used in more schools, and to increase community awareness of the impact of trauma.



# Healthy Eating Active Living



With a goal to increase nutrition and physical activity, the workgroups within the Healthy Eating Active Living strategic priority are focused on leveraging the dedicated members of their committees to create a cohesive approach towards improving health in the tri-county.

The workgroups within HEAL focus on approaches that not only address program-level interventions but also systematic change to solve gaps within the community.

As a tri-county, the Partnership successfully received funding for as the Illinois State Physical Activity and Nutrition (ISPAN) Grant. This grant focuses on Food Service Guidelines, Breastfeeding, Active Living and Early Childhood Education programming.

## Go NAP SACC

Nutrition and Physical Activity  
Self Assessment for Child Care

The Partnership is also promoting Go NAPSACC which is an evidence-based program for improving the health of young children by enhancing child care programs' practices, policies, and environments.

Go NAPSACC's best-practice standards for child care programs can help children up to age 5 develop healthy habits for eating, physical activity, and oral health.



# Healthy Eating Active Living



In 2018, the necessity for access to food grew with closures of grocery stores and an increased demand on food pantries within the tri-county. While the committee worked to host 26 fresh food drives with 18 supporting agencies, it did not alleviate the need. The HEAL Committee is focusing on improving the local and emergency food systems in the tri-county area by utilizing evidence-based programs, sustaining ongoing efforts, being proactive in addressing needs and coordinating efforts within the region.

The success of this work relies strongly on the partnerships within the collaborative, which is why the greater number of organizations willing and wanting to commit to this effort would significantly impact and improve food access.



# Cancer

The Cancer Committee within the Partnership for a Healthy Community is working towards a goal of reduced breast and lung cancer mortality rates and disability through an increase in early detection by educating, screening, and improving access to care.

## Lung Cancer

The Lung Cancer Committee spent 2018 working on bringing policy, awareness, and testing to the tri-county community to decrease the risk factors associated with lung cancer.

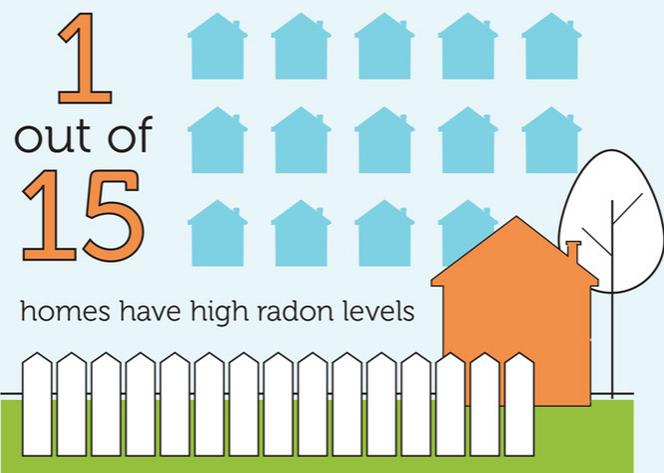
TOBACCO  
~~eighteen~~ twenty-one

A major legislative agenda was the passage of a Tobacco 21 ordinance within the City of Peoria and City of Washington. This would increase the legal age of purchasing from 18 years to 21 years; directly impacting the access and initiation by youth. As a Health in All Policy approach, Tobacco 21 not only improves the health of the individual but also the community.

In addition to addressing tobacco, the group focused on the environmental exposure that radon has on cancer. Through a grant from the Illinois Emergency Management Agency (IEMA), the tri-county has been able to provide testing kits for residents to determine radon exposure within their homes.

### Protect Your Family from Radon

Radon is a gas that you can't **see**, **smell**, or **taste** — but it can be dangerous. It's the second leading cause of lung cancer in the U.S.



# Cancer

## Breast Cancer

The Breast Cancer Committee continues to strengthen its collaborations in its second year, specifically on data collection and outreach. The committee has collected data from OSF Saint Francis Medical Center, UnityPoint Health, Hopedale, Advocate-Eureka hospital systems and the Tazewell, Peoria and Woodford County Health Departments to establish screening baseline levels and annual monitoring; a way to compare number of individuals getting screened from year to year. Throughout 2018, the committee has worked to provide outreach services and education on mammogram screenings to the diverse populations within the tri-county area.



# 439

Number of women under 40 in 2018 receiving breast cancer screenings, over 2x more than 2017.

# 2%

Increase in total breast cancer screenings from 2017 to 2018.

As the committee moves forward to 2019, the premise of our education towards increased mammogram screenings and early detection is to introduce a Breast Cancer Screening Position Statement. This statement recommends breast cancer screenings starting at the age of 40 and also supports the CDC's recommendation for women to have breast cancer risk assessments beginning at the age of 30.

Our goal is to continue working towards a reduction in breast cancer as a unified effort throughout the tri-county.

## +35 Education Events to Increase Awareness & Knowledge

# Reproductive Health

Improving and promoting reproductive and sexual health of adolescents and young adults is the goal of the Reproductive Health Workgroup. They focus on behavior, biomedical, public health, social marketing and structure initiatives.

## Centering Pregnancy

In Peoria County, the preterm birth rate among black women is 86% higher than the rate among all other women. Centering Pregnancy is a program that addresses a key risk factor in preterm birth and poor birth outcomes - prenatal care. The program uses a cohort approach in which a group of women due near the same time receive healthcare and wraparound support. The results are improved health outcomes for both mother and infant.

### Heartland Health Services - Carver Clinic



- 2 Groups Completed
  - 6 Clients (4 Full Term, 1 Preterm, & 1 at 39 wks)
- 2 Groups in Progress
  - 10 Clients
- 1 Group Recruiting

### UnityPoint Health - Family Medical Center



- 1 Groups in Progress
  - 4 Clients
- 1 Group Recruiting

# Reproductive Health

## 5 P's

- Partners
- Prevention of Pregnancy
- Protection from STI's
- Practices
- Past History of STI's

The focus of the initiative was to educate providers on integrating the 5 P's as part of patient history during office visits for clients age 11-24. By doing so it works to destigmatize sexual health and places it within the dialogue of comprehensive health.

## Behavioral & Biomedical

Increasing awareness, understanding of best practices, and sharing resources were key components of the behavioral and biomedical subgroup.

Activities included organizing GYT events at all Peoria Public High Schools, facilitating a PrEP provider education event, and championing the adoption of the U=U consensus statement by the Peoria County Board of Health.

1 in 2 sexually active young people will get an STD by age 25.

Most won't know it.

Get yourself tested today.

**GYT**



What if there were a pill that could help prevent HIV?

There is.

Ask your doctor if PrEP is right for you.

Pre-exposure prophylaxis: A daily pill to reduce risk of HIV infection

[www.cdc.gov/hiv/basics/prep.html](http://www.cdc.gov/hiv/basics/prep.html)

CDC



**Partnership for a  
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