A group of colorful flowers

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**HEAL Team Meeting– 12/14/23**

**Minutes**

**Attendees:**

* Amy Fox, TCHD
* Amanda Hunt, TCHD
* Kim Litwiller, TCHD
* Rebecca Crumrine, U of I Extension
* Shanita Wallace, TCHD
* Mike Brooks, OSF
* Raquel Herron, Riverplex
* Gabriel Guevara, Tri-County Regional Planning Commission

**Guest Speaker: TCRPC - Gabriel**

* Middle of developing active transportation plan
  + Taz-Woodford-Peo
* Active transportation plan
  + Looking at ways to make it more equitable for pedestrians, bikes, and transit
* Kick of in May of this year with two guest speaker focused on walkability/bikeability and making transportation more equitable
* Workshops on how people use the systems
* Open houses held in each county Peoria, Morton, Germantown Hills
  + What are barriers to walking/biking more?
* Focus groups broken up - focused on public health, education, economic development, and government
  + Hoping to better understand the intersection between transportation and these topics
* Looking forward
  + Developing an online survey so public can provide input for the plan
  + State of Illinois is also focusing on creating more equitable transportation utilizing a map hope to replicate for our area to have people provide feedback
  + Open house will next show a draft of the plan

Amy – a lot of moving parts to this active transportation, right?

* Cities have plans that feed into the tri-county plan
* Lots going into this including purchasing land for the sidewalks, height of the curb, etc.
* Long-term vision but hoping that HEAL can be active participants to help as this moves forward

Safe Routes to schools – also going to be a part of long term

Moving forward – HEAL can release to all partners to share the survey with our audiences

* Open house for draft and public comments – help push out this information

Amy – Planning process is interesting as there is a lot to think about

Gabriel – concept/stigma around public transport as well as money to

Amy – are we looking at bus stop placements and seeing how they are placed and if all people are

Gabriel – had an intern ride every route, notes on user experience, bus stop looks like

Mike – ease of travel via car could be a barrier to people riding

* Bus stops

Kim – has there been work around rural areas of Peoria, Tazewell & Woodford counties?

* Gabriel – county link is available in some rural areas – citylink covers urban
* PEAR Transit, We Care/TCRC also can do specialized pick up
  + County Link is available to Greater Peoria area – Peoria County
  + We Care – Tazewell County
  + Washington Township – has their own option
* Kim was curious as there have been needs arising in Mackinaw area
* Fulton County brought someone to Tremont for health needs/appointment
* Interactive map could maybe include options for public transport

Shanita – thanks for coming the time to come visit

**PFHC Board Announcements –**

Annual Meeting – Early March – Spalding Center

* Will go over all the priority areas and how teams are moving forward (share out)
* Hillary Aggertt will be stepping on as lead for the partnership with Phil Baer to lead the whole board
* Actively working on starting the assessment again for the Tri-County
  + Spring/Summer actively doing surveying
* Board & Hospitals agreed to use MAPP 2.0 process
  + Forces going on in your community
  + Community themes & Strengths
  + Partnership in and of itself – level of collaboration
* Fall 2025 new priorities will be chosen
* Hospitals are contracted to this once every 3 three years
* February 14th due date for slides & written partnership report
  + Articles/pictures in word format

**HEAL Chair Reports**

Healthy Eating/Active Living and fit into two pages – annual report chairs will reach out as needed to team members

Schedule

* Combo of virtual only and quarterly in-person only
* March meeting will be annual meeting no HEAL meeting that month

HEAL Team news

* Mike motion to approve, Amy seconded

**HEAL Food System Partners**

* Amy – continuing to work and turn the corner to year 6
  + Similar cadence to HEAL team
    - Two times a year for the full team
    - Bi-monthly for leadership
    - Monthly for individual teams
  + Advocacy Training
    - Feb 7th – how to interact with legislators & how to consider the community
  + Nutrition for early childhood – eatable alphabet
    - 150 new kids in Tazewell/Woodford
    - Continued work in Peoria through CHOI
  + Nutrition for adults
  + Team 1 – Garden grants 22 grants received to be decided on Monday
  + Team 3 - awarded pantry grants 9 grants awarded 10 were submitted
  + Garden network GIS map – may help us see that
* CFCI – not doing a year 6 for this next year
  + Not looking for huge amounts but some money as reach is expanding could be helpful as we continue to grow our work

**WIC Update**

* Continuing resolution went through another month – fruits & vegetables incentive is still active
  + Great addition of fruits & vegetables to family budget through December and January

**Regional Food Council**

* Has worked to connect people and try to support local groups in applying to many different local food funding opportunities this past year
* Next year, new set up with leads over each area of the wheel
* Meeting bi-monthly beginning in February
* If you are looking to join the conversation you can go online to find a link to the listserv: <https://regionalfoodcouncil.org/> or email Rebecca Cottrell [rcottrell@peoriacounty.org](mailto:rcottrell@peoriacounty.org)

**Need – SDOH**

* Carle Peoria contacted about School Health Advisory Board
  + Discuss community partnerships and address SDOH students are facing
  + Looking for additional partners to join
    - 2nd Wednesday of the month at 3pm at Hult
      * Elizabeth Ayers
      * Rebecca has reached out expressing interest in helping out

**Other announcements/Needs**

* Senior Movement programs
  + Amanda and Amy trained in fit & strong
    - Good coordination between obesity & HEAL needed
  + Strong People, Living Well
    - Raquel, Rebecca and Dylan
  + Conversations are siloed – maybe need to host a conversation with Obesity and Active Living
  + Also host on agenda a place for Obesity updates and reciprocate for HEAL on Obesity ongoing?
* Food Pantry Network – HOI
  + Rev Thomas updated on the Springboard Kitchen
  + Will be a space that they are using for nutrition/cooking education classes as well as a commissary kitchen for rent by entrepreneurs.
* Moving things forward
  + Do we need to have larger strategy meetings around topics?
    - Amy to host one – Shanita and Becca to decide on topic – trial meeting to see how it goes

**Assessment of HEAL**

* Watch for a Microsoft Form to be sent out to the group asking for their feedback on strengths, opportunities and partners needed for our HEAL work.
* We ask for all partners to fill out as we assess what has gone well and where we can work to create larger impact