



HEAL PRIORITY ACTION TEAM MINUTES

Date: Thursday, June 10th, 2021

Time: 2:00 to 3:30 pm

Location: Peoria City/County Health Department & via Zoom

GOAL: TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE TRI-COUNTY AREA.

OBJECTIVE #1 (HP2020): By 2022, reduce the proportion of adults considered obese by 2%

OBJECTIVE #2 (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%

OBJECTIVE #3 (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell, and Woodford Counties by 1%

SOCIAL DETERMINANTS: Food insecurity & Built environment

Attendees: Greg Eberle, Kim Litwiller, Rebecca Crumrine, Shanita Wallace, Kaitlyn Streitmatter, Amy Fox, Holly Bill, Raquel Herrin, Michelle Compton, Elisa Albers, Jordan Rahn, Andrea Miner, Joyce Harant, Mike Brooks, Melissa Bucklin, Hayley Madigan, Suzie Smith, Renee

Topic / Action

Welcome/Introductions - Greg Eberle

Board Announcements (5/2021 meeting)

- The Partnership met and is currently looking at CHNA cycle and the survey, working to determine the best questions to ask and how to answer those questions to gather the data needed.
- Assistance will be needed with survey administration in the Fall; Tri-County as a whole will be targeted.

Data Dashboard

- Updated data dashboard attached

HEAL Team News Articles

- The most recent HEAL Team News was approved
- The next news will cover April, May, June and will need to have articles submitted by July 15th.
 - o Jordan will send something for Healthy Lives for Kids
 - o Michelle will write something on the increase of fruits and vegetables & farmers market coupons
 - o Kaitlyn Ending Hunger Together Team 4 results haven't been highlighted / FSG for pantries

DPP Tri-County - Holly Bill & Kim Litwiller:

- Evidence-based diabetes prevention program offered by CDC, year-long program.
- Difficult to sustain the program, staffing-wise, due to the large time commitment required.
- HULT doesn't foresee another DPP cohort starting because staffing hours aren't available.
- The program doesn't allow you to add participants once the cohort starts.
- YMCA is willing to offer it again but has held off because HULT was offering it.
- TCHD has two cohorts scheduled to begin in September. Currently, Tazewell is the only location offering the program. (Flyers are attached for upcoming September cohorts)
- Woodford does not currently offer the program
- One idea is to develop a DPP cadre of lifestyle coaches and adding the DPP program to the Partnership website – allowing us to use this as an educational platform for providers to refer patients.
- Amy Fox noted the program does have proven results and has long-term successes. It does take time and effort to become trained for a lifestyle coach – online training & in-person training is available.

- Getting the referral process established has proven to be difficult; assistance marketing the program to providers would be helpful.
- IRIS might be a possibility for establishing a referral system. Kim will talk with Julie Herzog about the possibility.
- DPP/WIC (gestational moms) – will likely not be a great direction to pursue given a number of barriers new mothers will face with the inflexible design of the DPP program schedule.
- Melissa Bucklin – will pass flyers/brochures onto Peoria area providers
- Next steps: take the request for adding DPP to the website to the Partnership Board; Holly will take the request to the board.

Announcements

- No announcements were offered.

6-Month Update / Strategy Breakout Groups

HEAL Food Systems Partners

- Amy Fox reported HEAL FSP was awarded additional funding for year 3. The current teams will be continuing their work and a 5th team will be added.
 - o Team 1 – Access to fresh food: Food Pantry Network HOI, Community Garden Network, 5210 kits
 - o Team 2 – Cultural: Focus groups, targeting specific populations for mobile food pantries
 - o Team 3 – Stabilizing home: financial literacy, healthy cents classes, energy efficiency
 - o Team 4 – Healthy Food policies: surveying food banks, pantries, and guests
 - o Team 5 – Technical Assistance/Support for food pantries: site visits, compliance, alignment of policies.

Wellness Policies

- Shanita reported Wellness Policies were offered to all park districts in this committee. Thus far, the only park district Kim has assisted is Pekin Park District.

Park Prescriptions

- Jordan reported there are currently 3 providers prescribing to the Peoria Playhouse Museum. Soon there will be a 4th provider participating in Prescription for Play.

Breastfeeding/WIC

- For Breastfeeding rates, Michelle Compton reported there are barriers to accessing data within the new system utilized by WIC. Current needs are additional data from hospital partners. Also, August is World Breastfeeding Month, HEAL members could help with the promotion of messages.
She reported ISPAN continues its collaborative approach for consistent messaging and continuum of care. She stated WIC families will be receiving additional monies for fruits and vegetables through September. Also, WIC families will receive their Farmers Market coupon. Assistance with promoting this season was requested of HEAL members.

Food Insecurity Security

- Jordan and Susie reported Faith Community Nurses are screening for Social Determinants for Health.
- Data should be captured in EPIC. Kaitlyn/Shanita will request data through PFHC Data Team.
- Jordan reported she is participating in Garden Days, educating 61 children thus far. She has several days scheduled. 5210 kits are being distributed.
- Kaitlyn stated Food Pantry lists are available on EPIC

Youth Obesity

- Jordan stated she is conducting Health Kids series at various summer camps. Also, Hands-only CPR available.
- Hayley and Kaitlyn explained the afterschool program resource list will be included in part of the HEAT project. They are mapping current programs and conducting focus groups.
- Shanita announced a possibility for HEAL to write for a new grant opportunity – Catalyzing Communities. She and Kaitlyn participated in a webinar explaining the grant and believe it would be a great fit for HEAL youth obesity. The grant is similar to Ending Hunger Together in that it will be a collaborative team working on identifying gaps, barriers, and implementing an action plan to combat these findings. More information will be e-mailed to all members for review. The initial application is due June 25th so members present agreed we should move forward with writing for this grant. Members interested in assisting with grant writing should contact Shanita and/or Kaitlyn.

Next meeting June 8 @ 2:00 pm at the Tazewell County Health Department

Visit healthyhoi.org for more information on the HEAL Priority Action Team!