

## HEAL PRIORITY ACTION TEAM AGENDA

Date: Thursday, July 8<sup>th</sup>, 2021

Time: 2:00 to 3:30 pm

Location: Tazewell County Health Department / Auditorium / 21306 IL Rt. 9, Tremont



**GOAL:** TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE TRI-COUNTY AREA.

**OBJECTIVE #1** (HP2020): By 2022, reduce the proportion of adults considered obese by 2%

**OBJECTIVE #2** (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%

**OBJECTIVE #3** (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell and Woodford Counties by 1%

**SOCIAL DETERMINANTS:** Food insecurity & Built environment.

### Welcome/Introductions:

In Person: Kaitlyn Streitmatter- U of I extension, Stacy Coussens -U of I Extension, Amy Fox - TCHD, Joyce Harant – Peoria Park District board, Alex Sierra – Peoria Park District Trustee, Michelle Compton - PCCHD, Shanita Wallace - TCHD

Virtual: Andrea Miner – Heartland Health Services, Melissa Bucklin - WCHD, Susie Smith- OSF

### Board Announcements:

Kaitlyn informed members in Greg's absence, he provided Board announcements via e-mail.

Kaitlyn read the following:

Here are a few updates from the board:

- They approved the development of a page on the website dedicated to the promotion of the Diabetes Prevention Program
- The board is talking and collaborating with other groups in the tri county area that are asking the questions and collecting data similar to what the Partnership's CHNA group is asking.
- The Cancer group is looking for a representative that can attend meetings and communicate with the board on the progress.
- Lastly, I want to extend to all from the Partnership Board that the HEAL group is doing very well and they are pleased with how our group is taking initiative and getting things done...GREAT JOB!!!

Kaitlyn previewed the DPP program on PFHC website: <https://healthyhoi.org/DPP> Also, she informed members they could find more information about the program on CDC website. [www.cdc.gov/diabetes/prevention/index.html](http://www.cdc.gov/diabetes/prevention/index.html). Amy reminded members there is a need for additional trained lifestyle coaches. Training is in person and/or virtual, however the commitment is extensive.

### Data Dashboard:

Amanda was absence from the meeting and did not present the updated dashboard. However, Kaitlyn attended the data team's meeting last month. She stated the data team is seeking opportunities to collect data from electronic health records.

Amy stated HEAL should evaluate current data, any future needs or changes the team would like to see in the next cycle. These findings could be submitted as wish list for the upcoming CHNA survey. Kaitlyn highlighted the ongoing challenge with current youth data utilizing IYS data and the need for additional data sources.

### **HEAL Team News**

Shanita reminded the team that articles for the upcoming team news are due by 7/15/21. As a reminder, the articles as decided at the last meeting were:

- Healthy Lives for Kids (Jordan)
- WIC vouchers increasing fruits and vegetable dollars and farmers market (Michelle C)
- HEAL FSP Team 4 results (Kaitlyn)

### **Move it Monday**

Amy introduced the campaign, Move it Monday, as an opportunity for HEAL. Members present watched an introduction video: <https://www.mondaycampaigns.org/> After watching a presentation during a NACCHO conference, Amy felt this provided an opportunity for proof of concept within the physical activity/built environment. The campaign includes readily available resources targeted to adults and/or families and would allow for park districts to participate.

HEAL members agreed with Amy's suggestion and would like to take the next steps. A small working group (Amy, Joyce, Melissa) will meet to further discuss and prepare to present this opportunity to the PFHC board.

Kaitlyn shared a new resource website, Local Opal, that could be a resource to HEAL as we explore this opportunity. The website is: <https://www.localopal.org/>

### **Strategy Breakout Group Updates:**

Catalyzing Community Grant application submitted on 6/25/21 and will receive notification from funder if we will move to the interview. Expected to be notified the week of July 12<sup>th</sup>.

### **Announcements:**

Amy shared year 3 of Ending Hunger Together grant has been awarded and HEAL Food System Partners will continue their projects. Areas: access/ networking with Community Gardens and Food Pantry network, nutrition focused education in pantries, stabilizing families, food bank policies, and aligning food pantry inspections/regulation.

Shanita announced two Diabetes Prevent Program classes will begin in September. Classes will be offered on Tuesdays 5:30-6:30pm at Creve Coeur Community Center and on Wednesdays 10-11am at Pekin Miller Center.

Kaitlyn announced Pekin Park District adopted a wellness policy.

Shanita shared TCHD Worksite Wellness adopted a wellness policy for purchasing of food and beverage with TCHD money. Information is being shared with staff via a bulletin board outside of Community Health Division offices.

**NEXT MEETING:** Thursday, August 12, 2021 @ Peoria City/County Health Department  
Visit [healthyhoi.org](https://healthyhoi.org) for more information on the HEAL Priority Action Team!

**Respectfully submitted,  
Shanita Wallace**