



Healthy Eating Active Living (HEAL) Implementation Team

March 8, 2018

Attendees: Michelle Compton, Melissa Theleman, Beth Beachy, Julie Angle, Pam Lichtenstein, Amy Fox, Glenna Mount, Katy Endress, Greg Eberle, Maggie Stojak, Bill Shock

The meeting was called to order at 2:05 pm. The group was welcomed by Amy at the Tazewell County Health Department. Introductions were made.

Sub Committee's for WIC, CATCH, and Workplace Wellness met for the first hour.

At the end of the meeting time groups came back together to discuss the project that were being discussed.

Summaries are as follows:

WIC- bundled produce that comes with a recipe are being discussed. The items would be accessible to all but would consider WIC coupons for produce and other items and illustrate how nutritious meals could be put together and then prepared with a simple recipe.

The goal will be to have 1 store by June. The group has identified potential stores.

CATCH Kids club training is being discussed that would occur as group project for our CATCH members to train other organizations such as park districts and other summer camps for use with their students. This would help to build the program to other organizations in the tri county area. June is the target for this training.

Workplace wellness group discussed having discussions with local companies that are self-insured to find out their needs and concerns and how healthcare and social services support these issues. The first-round table is being targeted in May at Pekin Country Club. Members were to be bringing back ideas of who to invite to the first session at next month's meeting. Round table will continue with other organizations as this conversation continues.

Reminder:

Next meeting will be April 12 at 2 p.m. at the Cerf Center at Eureka College in Eureka.