



7/12/18 HEAL Meeting

The HEAL Group met on Thursday, July 12, 2018 at the McLean County Extension Office. Kaitlin Streitmatter welcomed the group and introductions were made. The subgroups broke out for a brief meeting before coming back together as a group for updates followed by a trip to the Refuge Food Forrest in Normal.

Announcements/Updates

- Denise Urycki will be stepping down from the chair position of Good Food Recovery/Adult Healthy Eating. The group needs to look at their action plan and will discuss it at the August meeting. Denise sent the group a list of things going on in this focus area. Shanita Wallace will be the new chair.
- Adult nutrition is relooking at strategies from the implementation plan and also shared the successes from the WiseWoman program in FY18.
- Worksite Wellness-No update
- Catch-No update
- WIC participant survey results were shared revealing 78% of the participants would like their WIC clinic to provide fresh fruits & vegetables and 89% of the participants would use Farmers Market vouchers if made available to them. Time, transportation, forgetfulness and not knowing how to use the vouchers were the main reasons listed for not using the them.
- The WIC group continues to work on increasing the redemption of Farmers Market vouchers.

Next meeting: August 9, 2018