HEAL Committee Meeting

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| Date: January 9, 2020  Time: 2:00pm Peoria County Health Department |  |

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| ***Topic*** | ***Discussion*** | ***Action Items*** |
| Objectives | * Announcements * Asset Mapping * Discussion | * + Follow up with necessary parties (contacts are listed in the notes section if needed), or call me at 655-3050 for clarification |
| Announcements | * + 2020 Mental Health First Aid will be Feb. 20th 8:00a.m.-5:00p.m. at the Tazwell County Health Department   + Ending Hunger is working on the year 2 application, due Feb 13th   + Post announcements on the discussion board on the Healthhoi.org site if you have any   + Upcoming: BU Athletics Facebook page will be hosting mini activty challenges for those who view the page   + Riverplex has a free class day January 25th 8:30a.m.-10:00a.m (Super Saturday) | * + Send Shanita and Kim updates on BU Athletics Facebook page and Riverplex free events   + Contact Shanita for more information on Mental Health First Aid Month   + Add announcements to healthyhoi.org page |
| Asset Mapping | * Objective boards (for objectives 1, 2, and 3) were put up on the wall and each team member put assets under each objective from their organization with sticky notes * Assets were collected by Shanita and read to the group * We discussed other assets or organizations that may be helpful at the table such as the boys and girls club, girl scouts, boy scouts, the walking/hiking trails, running organizations * Soul side yoga was present today to add to the HEAL discussion |  |
| Discussion | * Next, assets will be plugged into our intervention strategies and see if they make sense with our current evaluation plans * Kaitlyn stated that they will look to see where the gaps are between assets in the evaluation plan * What is the social determinant for HEAL? Hilary and Kaitlyn will review and bring back to the committee * Amy stated when looking at assets and evaluation plans it is important to also identify what will better as an education campaign (like screen time, prescription for parks, or others) |  |
| Notes | * Prescriptions for Parks campaign was discussed and a good model of an educational campaign that feeds into our intervention strategies (go to the NRPA.org for more info) * Project Echo for obesity management was also discussed |  |
| Contacts:   * Shanita Wallace <swallace@tchd.net>; * Kaitlyn Leigh Streitmatter, <kaitlyns@illinois.edu>; * Amy Fox <afox@tchd.net>; * Greg Eberle geberle@hopedalemc.com | | |