



HEAL PRIORITY ACTION TEAM Minutes

Thursday, March 9, 2023

Shanita called the meeting to order asking for participants to introduce themselves.

Amy informed participants the Partnership for Healthy Community Annual meeting was held on March 7th. Documents (Presentation, 2022 Annual Report) are available on the website. Also available on the website is the new CHIP report.

Shanita announced the 2023 in person meeting schedule is as follows:

- U of I Extension, Peoria - March, May, July, September, November
- TCHD - April, June, August, October, December

The team broke into workgroups to develop action plans for the new interventions.

1. Physical Activity Workgroup – Kate (PCCHD) will be lead
 - PA 1: Inviting park districts, gyms and other establishments to a meeting to discuss offering a tracker app to collect data for physical activity in their clients.
 - PA2: Identifying partners to be recruited to HEAL team.
 - PA3: Identifying campaigns such as move your way campaign to be implemented throughout the year.
 - PA4: Identifying other events/challenges to be implemented.
2. Healthy Eating Workgroup –
 - HE 1: Complete comprehensive list of gardens use GIS mapping software to add any new gardens and use as tracking.
 - HE 1: While working to update garden list, contact gardens to get baseline data on number of children/families utilizing gardens currently.
 - HE 2: Work on identifying garden based education to be used across tri-county as well as evaluation tools that accompany or need to be created.
 - HE 3: Begin discussion of campaigns that could be used to increase HE of families.

The team reconvened to discuss the Tri-County Hunger Walk. For 2023, the team would like to partner with schools to host walks/food drives in conjunction with football games, etc. A subcommittee will be working on this event. If interested in joining this subcommittee, email Rebecca at racumri@illinois.edu.

The team agreed to continue releasing the quarterly HEAL Team Newsletter. Shanita will continue to draft the newsletter with articles from the workgroup, partners, statistics, and looking ahead events. The first quarter newsletter will consist of information about the Chairs, new CHIP, and Community Garden Network.

Announcements:

- Tri-County EDC has funding for a fitness court in Woodford County. – Hillary A.
- Village of Germantown will be creating a walking path. – Hillary A.

With no other business, the meeting was adjourned.

Respectfully submitted,

Shanita Wallace & Rebecca Crumrine.

Visit healthyhoi.org for more information on the HEAL Priority Action Team!