



HEAL PRIORITY ACTION TEAM MINUTES

Date: Thursday, May 13th, 2021

Time: 2:00 to 3:30 pm

Location: [Via Zoom](#)

GOAL: TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE TRI-COUNTY AREA.

OBJECTIVE #1 (HP2020): By 2022, reduce the proportion of adults considered obese by 2%

OBJECTIVE #2 (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%

OBJECTIVE #3 (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell, and Woodford Counties by 1%

SOCIAL DETERMINANTS: Food insecurity & Built environment

Attendees: Greg Eberle, Kim Litwiller, Raquel Herrin, Elisa Albers, Rebecca Crumrine, Jordan Rahn, Andrea Miner, Joyce Harant, Kaitlyn Streitmatter, Mike Brooks, Amy Fox

Topic / Action

Welcome/Introductions

Board Update (4/2021 meeting)

- Chris Setti from the Greater Peoria Economic Development Council presented the **Greater Peoria: 2021-2023 Comprehensive Economic Development Strategy** (CEDs) to the Partnership. The CEDs document can be found here: www.greaterpeoriaedc.org (The CEDs document is located under the data hub icon, and then the strategies & progress icon.
- CHNA was reviewed as the next cycle approaches.
- Food insecurity questionnaires were presented by Shanita & Kaitlyn at the last board meeting to determine what tools are being utilized surrounding food insecurity.

HEAL Team News Review

- The Health & Wellness Policy recently adopted by Pekin Park District is featured. The recently adopted policy can be found here:
[http://www.pekinparkdistrict.org/Health%20and%20Wellness%20Policy%20Pekin%20Park%20District%20Policy%20Proposal Final Designed Dated.pdf](http://www.pekinparkdistrict.org/Health%20and%20Wellness%20Policy%20Pekin%20Park%20District%20Policy%20Proposal%20Final%20Designed%20Dated.pdf)
- Farmers Market Redemption Rates for WIC participants are reported for both Tri-County and the state of Illinois. Amy Fox noted, 2020 was the 1st year for Woodford County WIC participants to be offered Farmers Market Coupons; this is an outcome of HEAL working on behalf of Woodford County WIC participants to secure Farmers Market benefits.

HEAL Team In-Person Meetings

- The group discussed returning to in-person meetings along with offering virtual options for those unable/not ready to meet in person. Meeting speaker(s) could be invited to join via Zoom, if/when in person is not possible.
- Amy Fox shared, CDC recently released new guidance at 2:00 pm 5.13.21 lifting some mask requirements for fully vaccinated persons; updated guidance from IDPH on CDC's new guidance is pending as of this meeting.
- The group decided to hold the next HEAL Team meeting in person.

Strategy Breakout Groups

- Strategy Breakout Group discussion was carried out within the larger group to accommodate the smaller meeting attendance.

Park District/Built Environment (Leaders still need to be identified for this group)

Wellness Policies

- Peoria Park District - Raquel Herrin & Joyce Harant – requested the questionnaire surrounding Park Districts' interest in adopting a health & wellness policy be resent to them.
- Pekin Park District Health & Wellness Policy might be helpful for other park districts to review as they contemplate adopting one to fit their unique dynamic. (Link for the Pekin Park District Policy located above).
- One question that surfaced during group discussion was: How do we get the various park districts engaged more fully in HEAL?
- Joyce noted park districts are individualized when it comes to policy.

Park Prescriptions

- Joyce & Raquel volunteered to do some work on Park Prescriptions
 - o Jordan reported – A Prescription for Play Kit has been created @ the Peoria Playhouse, which included 50 ways to play. With the Playhouse opening backup, there are 2 play kits, and 2 area providers are prescribing. – Jordan has a summary of the play kits and will send it to the group

DPP/WIC/Breastfeeding (Michele Compton & Kim Litwiller)

DPP/WIC

- Kim Litwiller reported the hope is to develop/implement a referral system for WIC moms diagnosed with gestational diabetes and enroll these moms in a DPP program postpartum.
- Conversations have begun with the TCHD WIC director to brainstorm means for gathering data surrounding moms with gestational diabetes given the departure of Cornerstone.
- Challenges/Hurdles –
 - o state changes to the WIC program which makes the collection of data an issue
 - o Tazewell the only county providing DPP
 - o Postpartum moms will likely struggle to commit to a weekly DPP class.

Breastfeeding/WIC

- Increasing breastfeeding rates & promotion / Michelle was not present @ to offer a report.

Food Insecurity Security (Amy Christison & Michelle Sanders)

- Food Pantry Lists are updated and have been sent out.
- Awaiting information from the partnership board to move forward regarding the tools currently being used to determine food insecurity.

Youth – (Hayley Madigan)

Population health – school nurses

- Hands-on CPR is set to resume in the Fall.

Community health workers

- Children's Hospital Event – Health Lives for Kids Summer Camp Edition for 2021 – Jordan is attending some area summer camps, will offer nutrition segment, team building segment, and mental health segment. Small format but will still reach a large portion of kids in the community.

Data Dashboard

- The updated data dashboard was shared & reviewed.
- Greg noted, it is essential to remain data-focused moving forward to ensure data points are being met.

Next meeting June 10 @ 2:00pm at the Peoria City/County Health Department Room 125

Visit healthyhoi.org for more information on the HEAL Priority Action Team!