

# HEAL PRIORITY ACTION TEAM MINUTES

Date: Thursday, February 10, 2022

Time: 2:00 to 3:30 pm

Location: Zoom Meeting



<https://illinois.zoom.us/j/81300504221?pwd=aUI4NFITVjNkMFV5MitNK1JMdFVVdz09>

**GOAL:** TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE TRI-COUNTY AREA.

**OBJECTIVE #1** (HP2020): By 2022, reduce the proportion of adults considered obese by 2%

**OBJECTIVE #2** (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%

**OBJECTIVE #3** (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell and Woodford Counties by 1%

**SOCIAL DETERMINANTS:** Food insecurity & Built environment.

Topic	Leader	Action Items
Welcome/Introductions	Kaitlyn Streitmatter	<ul style="list-style-type: none"> <li>Goals and objectives were reviewed.</li> </ul>
Data Dashboard	Amanda Smith	<ul style="list-style-type: none"> <li>No updates were available.</li> </ul> <p><b><u>Data Dashboard Purpose:</u></b></p> <ul style="list-style-type: none"> <li>Capture local data more efficiently</li> <li>Report data monthly on HEAL calls</li> <li>Intended to keep group moving forward.</li> </ul>
Board/Chair Announcements	Amy Fox	<ul style="list-style-type: none"> <li>Lisa Fuller, Amy Fox (co-chairs)</li> <li>Sally Gambacorta (vice-president)</li> <li>Annual report &amp; annual meeting coming soon – date for annual meeting TBA.</li> </ul>
HEAL Team News	Shanita Wallace	<p><b><u>Articles for current edition highlights:</u></b></p> <ul style="list-style-type: none"> <li>FPN’s 12 Days of Giving – stats on FB engagement</li> <li>HEAL – FSP Team 5 ‘food pantry needs assessment’</li> <li>Garden of Hope - St. Matthew’s Greenhouse</li> </ul> <p>Approval was given for the news to be passed along to Partnership Board for Approval.</p>
Announcements	All	<p><b><u>Move it Monday Campaign:</u></b></p> <ul style="list-style-type: none"> <li>No challenges reported with the campaign</li> <li>The campaign is showing up on social media news feeds for organizations</li> </ul>

		<ul style="list-style-type: none"> <li>• Questionnaire will follow the campaign conclusion to gauge reach, engagement, etc. (*Watch for questionnaire coming next month).</li> </ul> <p><b>February – American Heart Month</b></p> <ul style="list-style-type: none"> <li>• Blood Pressure Awareness – Know your numbers.</li> </ul> <p><b>Pediatric Training Program –</b></p> <ul style="list-style-type: none"> <li>• Chop Chop Grant – 16 eatable alphabet card decks / parenting and nutrition education.</li> <li>• Eatable Alphabet Cards – partnering with Head Start to offer nutrition education. HEAL FSP additional support funding cooking demos of the Alphabet Card Recipes.</li> </ul> <p><b>Illinois Snap Ed –Hunger &amp; Health Regional Conference</b></p> <ul style="list-style-type: none"> <li>• Amy Fox, Shanita Wallace will be presenting</li> <li>• Monica Scheuer (Peoria Midwest Food Bank) will be presenting</li> <li>• March 9 &amp; 17 – flyer attached / register by Feb 25.</li> </ul> <p><b>March 8<sup>th</sup> – “Ladies Day Out” - Carver Center (Heartland Health Services)</b></p> <ul style="list-style-type: none"> <li>• 30/30 presentation on benefits of tea</li> <li>• Various other speakers</li> </ul> <p><b>“Destress Sesh” - 8 part series (Heartland Health Services)</b></p> <ul style="list-style-type: none"> <li>• More information coming soon.</li> </ul>
2022 Asset Map & Working Groups	All	<p>Working Groups Focused on developing a goal for the group that’s achievable by December 2022.</p> <p><b>Nutrition Education –</b></p> <ul style="list-style-type: none"> <li>• <b>Goal:</b> Decrease obesity in youth by providing nutrition education.</li> <li>• <b>Objectives:</b> Offer nutrition education to X number of participants in Tazewell, Woodford &amp; Peoria Counties by December 2022.</li> <li>• <b>Activities:</b> Re-instate Jr. Chef cooking classes / partner with larger organizations to expand healthy cents participation.</li> </ul> <p><b>School Aged –</b></p> <ul style="list-style-type: none"> <li>• <b>Goal:</b> Promote the develop of increased movement/activity among youth.</li> <li>• <b>Objectives:</b> work to increase access to healthy activity.</li> </ul> <p><b>Outreach &amp; Events –</b></p> <ul style="list-style-type: none"> <li>• <b>Goal:</b> Increase awareness of the resources HEAL has to offer communities to increase community engagement.</li> </ul>

		<ul style="list-style-type: none"> <li>• <b>Objectives:</b> Develop a means for highlighting the various programs of HEAL for the purpose of outreach and expanding community engagement.</li> <li>• <b>Activities:</b> Go into communities that are not routinely contacted to expand HEAL reach.</li> </ul> <p><b>Built Environments –</b></p> <ul style="list-style-type: none"> <li>• <b>Goal:</b> Establish a team (6 identified team members). Scan for interest of walkable/bikeable communities within Tazewell, Woodford, and potentially portions of Peoria County.</li> <li>• <b>Objectives:</b></li> <li>• <b>Activities:</b></li> </ul>
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**NEXT MEETING:** Thursday, March 10 , 2022, Virtual Zoom Meeting

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