

ISPAN STRATEGIES: YEAR TWO



1

BREASTFEEDING COMMUNITY SUPPORT

- Engage community and clinical partners, including WIC sites, hospitals, primary care providers, social service organizations, and community-based institutions, in peer learning communities to improve connections and support for breastfeeding.
- Support partners, including pediatricians and the local health departments in the Peoria, Tazewell, Woodford county region to improve continuity of care and community support for breastfeeding.
- Expand a breastfeeding friendly recognition program in Jackson County and the Healthy Southern Illinois Delta Network, engaging businesses, medical practices, faith communities, child care sites, and more.



2

IMPROVED HEALTH STANDARDS IN EARLY CHILDHOOD SETTINGS

- Ensure the updates made to day care licensing rules include enhanced nutrition and physical activity requirements that align with best practices.
- Provide training and peer support to a network of technical assistance providers working with early care providers using [Go NAP SACC](#). Enhance professional development opportunities for early care providers and others who can support implementation of health standards.
- Explore opportunities for integrating improved health standards in the [state quality rating system](#), the state board of education's early learning standards, and through Child and Adult Care Food Program TA providers.



3

CHANGES TO THE BUILT ENVIRONMENT

- As part of Active People, Healthy Nation, continue to provide technical assistance and support in three regions to help implement complete streets and bicycle/pedestrian plans, connecting activity-friendly routes to everyday destinations. The regions include Chicago/Cook County, the Peoria/Tazewell/Woodford Tri-County region, and Jackson County.
- Promote engagement in the new [Healthy Communities Illinois](#) website to spur the connection between health and planning across the state.



4

IMPLEMENTATION OF FOOD SERVICE GUIDELINES

- Support implementation of the [Good Food Purchasing Policy](#) in Chicago and Cook County by helping city and county agencies complete baseline assessments and improve their scores in the nutrition category.
- Support the inclusion of [food service guidelines](#) in the tri-county regional economic development plan and good food recovery plan and survey worksites in Jackson County to assess opportunities and challenges for adopting and implementing food service guidelines.
- Provide training and technical assistance to institutions interested in adopting the guidelines and support peer learning across sites.
- Support 12 managers from the Illinois Committee of Blind Vendors in implementing and promoting 30% healthy items in their pilot sites.