



Substance Use & Mental Health Committee

January 25, 2021
9:00 AM – 10:30 AM
WebEx Meeting

COMMITTEE INFORMATION

Co-Chairs: Holly Bill (hbill@hulthealthy.org) and Tim Bromley (tim.d.bromley@osfhealthcare.org)
Support Person: Amy Roberts (aroberts@peoriacounty.org)

Useful Resources:

- Partnership for a Healthy Community Website: <https://healthyhoi.wildapricot.org/>
- Meeting Information and Data Tracking: Progress is being tracked on a Google Sheet. You can find access information pinned at the top of the discussion boards in both mental health and substance use forums.
 - Mental Health <https://healthyhoi.wildapricot.org/2020-22-Mental-Health>
 - Substance Use: <https://healthyhoi.wildapricot.org/2020-22-Substance-Use>
- Discussion Boards: <https://healthyhoi.wildapricot.org/discussions>

AGENDA

WEBEX:

- I. **Community Presentation-** Gateway Foundation, Sandra Beecher
- II. **Sectors & Objectives** – Review Spreadsheet and Complete
 - a. Have we identified the key players? Who might be missing?
 - b. Have we identified who can contribute to each objective?
- III. **Community Presentations**
 - a. Please send requests to co-chairs to be considered by steering committee.
 - b. Must include the following information:
 - i. How have you been addressing the objectives and tasks for the improvement plan, please include any data points
 - ii. What are the gaps you have identified in addressing these and where can we help?
- IV. **Member Announcements:** Please feel free to share relevant information & announcements.
- V. **Next Meeting Date: February 22, 2021 via WebEx**

NAMI Tri-County Updates

Virtual Education Meeting—Thursday, February 4, 2021, 7 p.m.

Board member and counselor David Gonzalez, MA, LCPC, NCC, will present **When Habits Become Addictions**. Please join if you are interested and pass this information along to anyone you know who might be.

Date: Thursday, February 4 at 7 p.m.

To Join Zoom Meeting, click

<https://us02web.zoom.us/j/89613733351?pwd=TXFVaWRqV0l3NnFyVzc0TWtpUkVhQT09>

Or Dial by your location +1 312 626 6799 US (Chicago)

Virtual Support Groups: NAMI Illinois' **online support group weekly meetings** continue and welcome participants from anywhere in the state or beyond. Please register for each ZOOM meeting by 4 p.m. on the day.

Family Support Group: Wednesday, 7:00-8:30 For family members of any relationship to an adult with a mental health diagnosis

Connection Group: Monday & Thursday, 7:00-8:30; even on holidays and holiday eves. For any person who personally experiences a mental health challenge

Parent Support Group: Friday 7:00-8:30. For parents of children or teens experiencing mental health challenges.

LGBTQ Support Group: Tuesdays 7:00- 8:30 For LGTBQ individuals experiencing mental health challenges

Here's the link to the landing page about the groups; it's the same landing page regardless of the type of group. Once you're on that page, select the group for which you want to register: <https://namiillinois.org/online-support-group-registration-information/>

It also works to enter "NAMI IL online support groups" in your browser